

# Act Against Suicide: For Nurses

## Program Description

Suicide assessment, prevention, and intervention is a topic relevant to all nursing care providers. Research shows that most people who commit suicide have a diagnosable mental and/or substance use disorder. This program will explore the critical elements of assessing for suicide risk in the general population and special populations including military/veterans, adolescents, elderly, and LGBT. It will review key strategies in providing effective suicide prevention and provide hands on application of evidence-based intervention tools.

***The Washington State Department of Health approved this course to meet the 2017 WA requirement for 6.0 contact hours in suicide assessment, prevention, and management for all healthcare disciplines. (Approval #TRNG.TG.60717225-SUIC)***

## Outline

Understanding Suicidal Behaviors, Crisis & Personal Preconceptions  
Suicide Assessment and Risk Formulation  
Adapting Suicide Assessment for Differing Populations  
Imminent Harm and Lethal Means  
Interventions and Prevention  
The Suicidal Patient—Application to Practice

## Who Should Attend?

Registered Nurses, Advanced Practice Registered Nurses, Licensed Practical Nurses and Other Health Sciences Professionals in all practice settings needing the DOH mandated training.

**Contact Hours: 6.5**

**Pharmacotherapeutic hours: 0.2**

**Skill Type: Foundations for Practice**



**For Dates, Locations and Registration**

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Acute Care Education  
7200 NE 41st Street, Suite 206  
Vancouver, WA 98662  
[support@acutecared.com](mailto:support@acutecared.com) / 360-258-1838



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