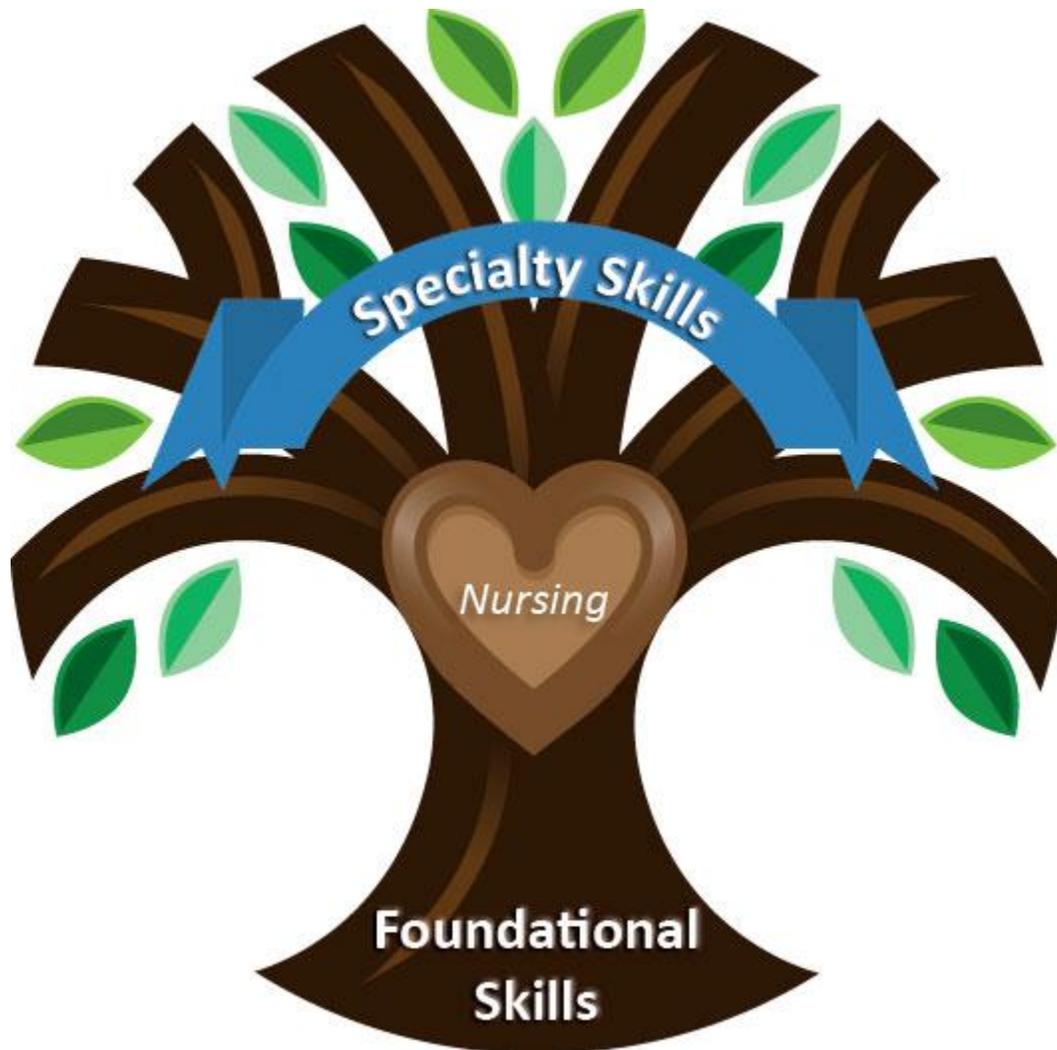


Acute Care Education Program Guide



For complete educational offering details including dates, times, and locations, please visit:

www.AcuteCareEd.com/live-programs



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Foundations for Practice

Programs in *Foundations for Practice* are designed for all areas of nursing and healthcare practice. Audiences may be at various skill levels and are taught evidence-based practice guidelines. These programs build a strong skill set of evidence-based practice for all areas and levels of healthcare practice.

Act Against Suicide: For Nurses

Suicide assessment, prevention, and intervention is a topic relevant to all nursing care providers. Research shows that most people who commit suicide have a diagnosable mental and/or substance use disorder. This program will explore the critical elements of assessing for suicide risk in the general population and special populations including military/veterans, adolescents, elderly, and LGBT. It will review key strategies in providing effective suicide prevention and provide hands on application of evidence-based intervention tools.

This course is approved by the Washington State Department of Health (Approval #TRNG.TG.60717225-SUIC) to meet the new 2017 WA requirement for 6.0 contact hours in suicide assessment, prevention, and management for registered nurses, advanced practice registered nurses, and licensed practical nurses.

[Learn More](#)

Adverse Childhood Experiences

Adverse Childhood Experiences will explore the long- term consequences of childhood abuse and neglect. Adverse childhood experiences have been implicated in a number of chronic health issues including ischemic heart disease, cancer, chronic lung disease, skeletal fractures and liver disease. Trauma informed care aims to create an environment that is welcoming and engaging, using the knowledge of the impact of trauma in people's lives. Through multiple learning activities, you will demonstrate the basic strategies for expanding our compassion and mindfulness to create a more supportive care environment – at the bedside, in the clinic, at the nurses' station and beyond.

[Learn More](#)

Aggressive Clients: Diffusing Tension and Avoiding Violence

Explore the motives behind the behaviors of aggressive clients to select appropriate de-escalation options, avoid violent outcomes, and preserve the client's dignity. Avoid workplace burnout and secondary PTSD by providing yourself the tools to work with difficult clients.

[Learn More](#)

BLS 2-Hour Renewal for Healthcare Providers

INTRODUCING THE NEW 2-Hour BLS Renewal Course. This quick paced course is for the busy professional who is versed in BLS concepts. This course will give you a summary of the new science regarding BLS standards. You will receive an American Heart Association BLS card after viewing a short video and demonstrating adult and infant skills.

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BLS for Healthcare Providers

Do you need certification or recertification in the initial assessment and immediate treatment of patients in respiratory or cardiac distress? This course meets the American Heart Association standards for certification in providing basic emergency care to adult and pediatric patients.

[Learn More](#)

Building Shame Resilience in Healthcare

Shame resilience is a relatively new concept in healthcare theories. Researcher Brene Brown has described shame as an “intensely painful feeling or experience of believing that we are flawed and therefore unworthy of love and belonging.” Since by nature we are all flawed human beings (and healthcare providers!) at times we will all feel shame in our personal and professional lives. The problem with shame is that it causes us to doubt our own self-worth and we usually react by avoidance, withdrawing or lashing out at self/others. Learning to cope with our own shame helps us stay engaged in our lives in a healthy way and recognize ways we may be contributing to a shameful environment at home or in the workplace. This course will help you to understand the nature of shame on the personal and professional level and be able to identify individual triggers. Through a variety of activities, you will create tools to deal with shame. Most importantly we will create a safe environment in which we can explore this issue in an honest and meaningful way.

[Learn More](#)

Critical Decisions for Rapid Responses

Critical Decisions for Rapid Responses will assist those interested in developing rapid response teams, as well as improving current teams in inpatient settings. Guided discussion will help you to understand how the history of rapid response, best practices, collaboration, end of life, and ethical issues tie to your decision-making, intuition and pattern recognition abilities. We will use several case studies, examining the critical thinking and decision-making in these most common rapid response scenarios.

[Learn More](#)

Emergency Preparedness for Community Health Centers

Emergency preparedness can be a disaster – but it doesn't have to be! While there is an impressive amount of resources for hospitals to engage in preparedness, there is relatively little available for community health centers. This course will provide clinics and medical offices with evidence-based methods of preparing for the worst. Through case studies and exercises, learners will apply the principles of emergency preparedness. By using the tools presented in this course, any facility can be prepared to manage any incident at home, work, or anywhere in between.

[Learn More](#)

Fundamentals of Physical Assessment Skills

Refine your ability for telephone screenings, on-site focused physical examinations, establishing baseline patient information and risk factors.

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Mastering Lab Interpretation

Do you often struggle at understanding lab results? How do the results relate to the differential diagnosis and course of patient treatment? Interpretation of lab data is an essential skill required of nurses working in all practice settings. Through the review of physiology, pathophysiology and the application of critical thinking skills, you will be able to more easily appreciate how lab tests are integrated in patient care decisions.

[Learn More](#)

Neurological Assessment Skills

Neurological Assessment Skills is designed to provide current and evidence-based information on the neurological assessment for the primary care provider. Primary Care Providers are the first health care professionals most likely to encounter neurological problems. Through case studies and return demonstration exercises, this course will review the neurological exam with tips to improve your technique. Topics will assist you in making an early diagnosis of neurological problems and assist you in making appropriate referrals.

[Learn More](#)

Nursing Skills Refresher Workshop

Need an update in your basic nursing skills? This hands-on review and practice of common acute care nursing skills will build your confidence in the skills needed to work in an adult skilled nursing or basic medical/surgical care setting.

[Learn More](#)

The Traumatized Client: Promoting Wellness and Resilience

Establishing a trusting, therapeutic relationship with clients who have suffered mental trauma is the most important first step to a meaningful and successful treatment plan. No matter where you practice, you are bound to encounter a client who has suffered mental trauma. This mental trauma can lead to additional mental health disorders that increase the client's complexity, making these clients very difficult to treat. This program will provide you with the insight and the proper skills to interact and manage clients who present with the most challenging mental conditions related to trauma including PTSD, TBI, personality disorders, panic disorder, and chronic pain.

[Learn More](#)

Specialty Practice

Programs in *Specialty Practice* are designed for specialty areas of nursing and healthcare practice. Audiences may practice or have an interest in the specialized areas and bring pre-requisite knowledge to these programs. Audiences are taught evidence-based practice guidelines and directed to engage in the highest level of practice.



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12 Lead ECG Interpretation

Explore the advanced ECG concepts of bundle branch blocks, chamber enlargement, axis deviation, and ST-segment elevation, ST-segment depression and T-wave inversions and their relationship to STEMI and NSTEMI MI's.

[Learn More](#)

Science of ECG Rhythm Recognition

Do you need a system to identify the major cardiac rhythms quickly? Science of Rhythm Recognition will give you a standardized method of interpreting rhythm strips. This class is designed for those who need rhythm identification skills. It is succinct in nature with plenty of time to analyze real rhythm strips with the help of the instructor. If you are a quick learner using the hands-on approach or need a quick refresher of interpretation skills, this class is perfect for you. Participants will receive downloadable handouts that will be discussed during class time.

[Learn More](#)

Environmental Emergencies

Hypothermia, hyperthermia, near-drownings, spider bites, and ingestions of toxic substances are not isolated to an emergency room environment. All healthcare practitioners should gain skills in prevention, assessment, diagnosis, and management of common environmental emergencies.

[Learn More](#)

Hemodynamic Challenge: Managing Homeostasis in Shock & Sepsis

Hemodynamics and fluids are essential to every practitioner who encounters sepsis and shock. This course will cover the essential theory for hemodynamics including fluid selection and management for the client requiring resuscitation and an overview of sepsis and shock.

[Learn More](#)

Splinting: Art of Plaster

Do you understand the basic principles and techniques for excellent splinting? Do you need practice in splinting? This course will provide you with the terminology, indications, and practice to apply several different types of splints. NOTE: Please, wear old clothing or bring a lab jacket or apron. You will apply one splint and will have a splint applied to you. This is a messy endeavor.

[Learn More](#)

Suturing: Basic Wound Closure

Suturing is a necessary practical skill for many nurse practitioners. This course is designed to enhance your skill as a practitioner to properly assess and close open wounds. Time will be spent on how to assess a wound, selection of appropriate suturing materials and anesthetics, and practical time on appropriate wound



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closure techniques. This hands-on skills class includes lecture combined with practical time to apply the skills of suturing.

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Ventilation Management: Beyond the Basics

Ever wonder what is next beyond ventilator basics? This class will refresh your knowledge of basic ventilator management, then move on to more advanced concepts. You will learn about: Noninvasive positive pressure ventilation modes with common clinical indications for using these modes; Indications and benefits of invasive modes of ventilation, including pressure control, volume control, and spontaneous ventilation modes. ABG interpretation as well as waveform capnography will be examined and demystified. The class concludes with hands-on time with lungs to see the changes of PEEP, aggressive bagging, and other ventilatory maneuvers.

[Learn More](#)

Integrative Medicine and Holistic Health Skills

Healing Touch Program Level 1

Healing Touch Program Level 1 is a course for those interested in healing therapies using energy medicine-based concepts. This course discusses the energy correlations between mind, body and spirit. Healing Touch is a safe, non-invasive therapy that can be used on anyone throughout their life span. All students will practice a basic Healing Touch Sequence and specific intervention techniques. Dress comfortably with layers as you will be on and off of massage tables.

[Learn More](#)

Hypnosis for Weight Loss: Discover the Skinny and Experience the Benefits

Learn why hypnotherapy is so powerful for habit change and contributes to maintaining a healthy weight. You will acquire firsthand knowledge to compel you and your patients to seek this modality for greater self-regulation.

[Learn More](#)

PRANIC HEALING® Level 1

PRANIC HEALING® Level 1 teaches the basics of working with the energy aura, including learning to “scan” (feel the energy); “sweep” (clean away congested energy); and “energize” (supplement areas of pranic deficiency). You will learn about energetic anatomy, preventive healing techniques, energy hygiene and self-pranic healing. You will practice step-by-step techniques for the treatment of respiratory, circulatory, gastrointestinal, musculoskeletal, and reproductive ailments. All PRANIC HEALING® courses are interactive, which means you will learn by actually performing the techniques and exercises in class – on themselves and others in the class.

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Reiki Level 1 Certification

Introductory Reiki, a noninvasive nonpharmacological energy field therapy, offered to patients to decrease anxiety, promote relaxation, ease distress, and facilitate well-being. Hands-on skills practice Reiki Level 1 techniques.

[Learn More](#)

Reiki Level 2 Certification

Extend the introductory level practice with three Reiki symbols (empowerment, mental/emotional, and distance) that allows the practitioner to connect more deeply to universal energy and to draw upon the qualities that the symbols represent.

[Learn More](#)

Leadership and Management Skills

Intro to Process Improvement in Healthcare

Intro to Process Improvement in Healthcare is designed to provide healthcare professionals with a basic understanding of process improvement and the healthcare environment. The course will provide an overview of Lean Six Sigma, Quality management, and other tools to improve effectiveness and efficiency in the health care setting.

[Learn More](#)

Specialized Practice Skills

Case Based Pharmacology

Case Based Pharmacology is designed for those interested in understanding pharmacological aspects of managing acute presentations of patients across the age spectrum. Evidenced based care principles of various body systems will be examined in a case based format. The course will examine national guidelines of care, antibiotic resistance, ethical controversies, and medication cost.

[Learn More](#)

Dermatological Office Procedures

Dermatological Office Procedures is an introduction to biopsy procedures for primary care. Discussions include what dermatological conditions to biopsy and when to biopsy for optimal results. Through case studies and hands-on exercises using pig's feet you will demonstrate basic biopsy and suturing techniques.

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Fundamentals of Palliative Care

Palliative care does not mean that we do nothing. It requires a paradigm shift in thinking to allow clients to die with dignity. The concepts may be difficult for nurses to deal with in such delicate situations. Through case studies, exercises and role play scenarios, this course will examine the principles of palliative care. Come explore how nurses can make a difference in the dying clients last days and the lives of those they leave behind.

[Learn More](#)

Pediatric Dermatology in Primary Care

Pediatric Dermatology in Primary Care will outline the most common complaints seen in infants and children – rashes. The etiology of rashes is wide and varied: congenital causes, irritants, infections, and occasionally even harbingers of life-threatening diseases. In this course, you will review basic skin anatomy and outline the vocabulary for describing dermatologic findings, which is the foundation for creating a differential diagnosis. The broad categories of rashes that will be discussed include infectious causes, allergic and inflammatory rashes, and a myriad of others such as drug eruptions and erythema multiforme. This course will be interactive, providing participants with many opportunities to practice describing and diagnosing rashes.

[Learn More](#)

Psychotropic Medications: Essentials for Practice

This two-day program is designed for nurse practitioners and registered nurses wanting a greater understanding of the common pitfalls in prescribing and managing psychotropic medications, and the adverse reactions that critically require nursing assessment and intervention.

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